

Dr. Caroline Tosoni: Nationally Recognized Medical Aesthetic Physician in our Community



As Synergy Spa and Advanced Medical Aesthetics prepares to celebrate 10 years in business it reflects on its' humble beginnings. Synergy was developed with the idea that a medical spa should have a full-time, dedicated medical aesthetic physician present while maintaining a peaceful and tranquil environment. The idea came to fruition on October 1, 2002. At the time, Synergy was the first of its kind in all of Eastern Ontario and led the trend of medical spas that now seem so popular.

At the heart of Synergy is Dr. Caroline Tosoni MD, a 14 year physician who focused her practice on medical aesthetics 12 years ago. In medicine, there is no substitute for clinical experience and in the field of medical aesthetics the same holds true. In her career Dr. Tosoni has expanded her knowledge of facial analysis, the aging process, aesthetic philosophy and technical skills to a level few in this industry can claim. This drive for education, understanding and clinical experience have helped produce one of the busiest and most respected medical aesthetic physician in the country. And she is right here, in the heart of our community.

Dr. Tosoni differentiates herself by her personalized attention to each patient and her focus on details. She has developed a reputation for her artistic skills with dermal fillers and Botox, her ability to create natural results, using safe, gentle and effective techniques.

"The way we look at the aging face is very different from even a few years ago," says Dr. Tosoni. To understand the face and what a client ultimately wants is one thing but then to properly restore it's youthful curves and shapes is quite another. Dr. Tosoni promotes the idea of global skin rejuvenation, where several treatment options are used in combination to achieve the best natural looking result, and she has the expertise, artistic eye and technology to achieve this. "People are now looking for minimally invasive yet highly effective, safe and

natural looking options" to mitigate the signs of aging. "My clients do not want to look 20 years younger; they want their appearance to reflect how they feel inside: vibrant, healthy and relaxed."

Dr. Tosoni continues to perform all her skin and vein consults and all injections. "My time with the client is extremely important. There are always questions, concerns and fears. In the end, the client wants the same experienced physician to inject for the end result as they do answering the first question. I would never delegate the injections to someone else. That is what I love the most about my work. It is what I am the best at".

When it comes to choosing laser technologies for her clinic, she is cautious, does her research methodically and always thinks of the patient's safety. "There is always something claiming to be revolutionary," says Dr. Tosoni, "but very rarely do we see a new procedure or product actually live up to the hype." After much research, Dr. Tosoni has added this year the Thermage CPT system to her other technologies. The Thermage CPT offers significant skin tightening of the face, jowls, abdomen or thighs in a single treatment. She also upgraded her Fraxel system to the Dual re:store non ablative fractional laser which is amazing at treating sun damage, fine wrinkles, acne scars and even stretch marks.

Dr. Tosoni also launched an entirely redesigned website (www.ottawa-cosmetic-clinic.com) in the fall of 2011. The site is a comprehensive look at the various options available and a continuously growing library of clinical photos of results achieved at her clinic. She invites anyone who is interested in her medical aesthetic services or the more traditional spa services offered at Synergy Spa to visit the website on a regular basis or to have your e-mail added to their e-mailing list, so that you can be informed of the many ongoing promotions that will occur over this celebratory year.

 **synergy**
medical aesthetics

Synergy Spa

**1-1180 Place d'Orleans Dr.
Orleans, Ontario**

(613) 830.7615 (medical)

(613) 824.5655 (spa)

www.ottawa-cosmetic-clinic.com